Jam

by Amanda Kenny



I used Aran weight wool and size US7 needles when making this headband, but differing weights of yarn could be used with appropriate sized needles if you want a thinner or wider headband. Gauge is not particularly important.

MIL: From the front, lift loop between stitches with left needle, knit into back of loop MIR: From the back, lift loop between stitches with left needle, knit into front of loop

k2tog tbl, knit two stitches together through back loops. Can use SSK if you prefer.

CO 6 stitches

Purl 1 row.

*k1, MIL, k until 1 st remains, MIR, k1.

Purl 1 row.*

Repeat ** until you have 12 sts.

k1, MIL, k5, MIL, k5, MIR, k1.

Horseshoe pattern for bulk of headband:

Rows 1 and 3—k2, p to last 2 sts, k2

Row 2—k3, yo, k3, sl 1—k2tog—psso, k3, yo, k3

Row 4—k2, p1, k1, yo, k2, sl 1—k2tog—psso, k2, yo, k1, p1, k2

Rows 5 and 7—k3, p to last 3 sts, k3

Row 6—k2, p1, k2, yo, k1, sl 1—k2tog—psso, k1, yo, k2, p1, k2

Row 8—k2, p1, k3, yo, sl 1—k2tog—psso, yo, k3, p1, k2

Repeat horseshoe pattern until headband is about an inch shorter than desired length.

Depending on the yarn, you may want to make the headband slightly shorter than the actual head diameter, so that the headband is snug.

Purl.

k1, k2tog tbl, k4, k2tog, k3, k2tog, k1.

Purl

k1, k2tog tbl, k to last 3 sts, k2tog, k1.

Purl

k1, k2tog tbl, k1, BO 2 sts, k2tog, k1

p3, CO 2 sts, using e cast on, p to end.

k1, k2tog tbl, k2, k2tog, k1.

BO in Purl.

Weave in ends, attach button, and block.

